

### **Post PRP Care for hair**

Avoid head bath on the day of procedure.

Wash hairs gently next day with suggested hair cleanser/ mild shampoo

If prone for dandruff, use anti-dandruff shampoo as suggested by dermatologist

Do not comb hard for 5 days

Do not colour the hairs for 1 week

Avoid hair spa for 1 week

Avoid hair perming, ironing or any other procedure on hair strands while on treatment