

Post RF (radio frequency) care

Take head bath on the day of procedure before procedure Avoid head bath for a day after the procedure

Wash face with plain tap water on the day of procedure

Use mild cleanser for a week post procedure

Apply moisturizer several times in a day till scab falls off completely. Don't pick the scabs, let them fall off spontaneously

Apply sunscreen every 2-3 hourly from 9 am to 4 pm. Take good physical sun protection as well.

Avoid any scrub/ parlour treatment for a week before and after procedure

Apply all the creams/ medicines as advised by the doctor

If you have any doubts please contact the doctor